

Please fill out all fields below by clicking on the enter fields and typing information or selecting the small dropdown arrow to the right. Once you have completed the form, read, understood and acknowledged the Terms and Conditions, please sign and email to president@vikingstri.com.au You'll receive an invoice on confirmation of your application being accepted. Payment will be due by 22 Dec 18.

Personal Details:

Surname:

Given Name:

Preferred Name:

Date of Birth:

Address:

Mobile Phone Number:

Email Address:

Triathlon Australia Member: TA Number:

Accommodation details:

The camp accommodation is at the [Snow Country Ski Club Lodge](#), Jindabyne. Rooms accommodate up to four people per room. To maximise attendance opportunities, camp attendees will be accommodated in rooms of 1 - 3 people. Unless sharing with your partner, you are likely to share a room with others of the same gender. We will do our best to meet your accommodation requests within these restrictions. Please advise the following:

Are you sharing with a partner?

What is the name of your partner or preferred room buddy/s?

Additional accommodation requests:

Meals: Meals are not supplied as part of the camp. Each unit has a kitchenette, and the Lodge has a full camp kitchen for use by athletes. Jindabyne has a large Woolworths for grocery supplies and a good selection on cafés, bakeries and restaurants for lunch and dinner. It is strongly recommended that athletes bring a personal supply of training nutrition (bars/gels/electrolytes).

Dietary requirements: Do you have any special dietary requirements?

Triathlon Training Questionnaire:

At what level do you compete?

What is your favourite competition distance?

How many hours do you regularly train each week? (Select drop down per discipline below)

Total Training Hours.

Swim Cycle Run Strength Training Stretching/Core

Medical questionnaire:

Do you have any medical conditions? No Yes

If yes, please provide details:

Emergency contact: Name

Mobile

Costs:

Camp fees are all inclusive of 2 nights accommodation, training facilities hire, park entry, coaching fees, coach surprises. Camp meals are not provided as part of camp costs.

Deposit: \$100 payable by 7 December 2018.

Balance Owing: \$100 final payment is due by 22 December 2018.

Fees payable to Vikings Triathlon Club:

BSB: **062903**

Acct no: **1015 9488**

Acct name: **Tugg. Vikings Triathlon Club**

Reference: **<Your name> 2019JindyCamp**

Applications:

Return your application to president@vikingstri.com.au

Applications close 22 Dec 18.

See Terms and Conditions and confirmation of application over page.

Terms and Conditions:

1. I acknowledge and understand that by participating in Vikings Triathlon Club activities I will swim in natural waterways, cycle and run on public roads, paths and trails at my own risk.
2. I acknowledge and understand that I am to comply with local/state/federal traffic laws and any directions of Inspire Endurance Coaching staff or Vikings Committee/volunteers that does not contravene these laws, which include, but are not limited to the use of equipment and facilities, road safety, road rules and safe training practices.
3. I declare that I have been deemed medically fit by a professional medical doctor (general practitioner and/or relevant medical specialist) for participation in physical endurance activities including, but not limited to endurance swimming, cycling and running, strength training and stretching of up to 8 hrs a day.
4. I undertake that the personal equipment supplied by me for my personal use during the Vikings Triathlon Club activities is serviceable and suitable for use by me in all conditions (weather and terrain) during the 'Vikings Triathlon Club training camp; and that I remain liable for any equipment failure, damage or loss it may cause.
5. I acknowledge that if I cancel my attendance within 7 days of the start date of the camp, I will renounce my deposit of \$100 to the Vikings Triathlon Club.
6. I acknowledge and hereby release, exempt and identify Inspire Endurance Coaching and any other person involved with Inspire Endurance Coaching and the Vikings Triathlon Club from all actions, proceedings, demands costs, expense and claims whatsoever made or taken by any person arising out of my participation in activities or coaching with the Vikings Triathlon Club or Inspire Endurance Coaching.

I confirm that the details provided by me are true and correct; and acknowledge the terms and conditions as written above to which I am bound:

Sign: _____ Date: _____

Name of Guardian: _____ Sign: _____ Date: _____

Signature of Guardian if the athlete is under the age of 18.

Electronic Signature Agreement. By selecting the 'I Accept' button, you are signing this application electronically. You agree your electronic signature is the equivalent of your manual signature on this application and consent to this applications terms and conditions.

'I Accept' .



